

# Connection And Synergy Presents:

The Kaleidoscope Within:  
Having the Courage to  
Connect with Every  
Part of You

**An Interactive  
Presentation  
By Susan Bloom,  
Master Equine Gestaltist,  
Healthcare Relationship  
Advocate, and Storyteller**

- Rediscover the courage to be whole—not flawless
- Ideal for professionals who crave more genuine connection in their relationships and workplaces



## Program Overview

During this interactive and experiential session, Susan Bloom invites participants to explore the many parts that make up their unique selves — the nurturer, the listener, the fighter, the dreamer—and learn how to consciously choose which one shows up in life’s most important moments.

Do you ever wonder why you made a certain decision? It might be driven by a part of yourself you’re not fully aware of. Understanding these hidden aspects can improve communication with your spouse, children, family, boss, and coworkers. We all have parts of ourselves we embrace, hide, or overlook—sometimes due to societal influence. In this hands-on learning experience, you’ll explore these parts and gain deeper self-awareness, helping you bring your best self to any situation.

Through story, guided reflection, and engaging exercises, Susan helps participants recognize that true authenticity isn’t about picking one identity — it’s about embracing the whole kaleidoscope within.

What if your discomfort with “not fitting in” isn’t something to fix, but an invitation to know yourself more deeply — and connect more honestly with others?

This is the heart of The Kaleidoscope Within: Having the Courage to Connect with Every Part of You.

## Key Learning Points

### Your audience will:

- Discover how different “parts of self” shape daily interactions and decision-making.
- Learn to identify which part tends to show up in conflict or stress — and how to shift intentionally.
- Explore how authenticity leads to greater emotional well-being and connection.
- Experience an interactive reflection that fosters curiosity, compassion, and self-awareness.
- Leave with practical tools to enhance communication, self-trust, and presence.



## Signature Moments in the Talk

- The Boots and Masks Story: The moment Susan stopped hiding behind who she thought she “should” be — and learned to walk fully into who she already was.
- The Doctor and the Fisherman: When genuine conversation—not credentials—bridged the gap between patient and physician.
- The Horse’s Lesson: How one horse revealed that authenticity isn’t something you find; it’s something you remember.

## Why This Talk Matters

In a world that prizes productivity and perfection, The Kaleidoscope Within helps audiences rediscover the courage to be whole—not flawless.

It’s ideal for professionals in healthcare, education, and leadership who crave more genuine connection in their relationships and workplaces.

## 5 Reasons This Work Lights Me Up Horses Reveal What’s Real

Horses don’t respond to titles or pretenses—only to authenticity. They respond to our energy, not our words. Working alongside them has taught me how to recognize and honor every part of who we are, even the ones we try to keep hidden.

## Authentic Connection Heals

I’ve seen how genuine human connection — between patients and doctors, caregivers and families, colleagues and friends — transforms not just relationships, but lives. When we allow ourselves to be seen, we create the conditions for mutual healing.

## Storytelling Opens Hearts

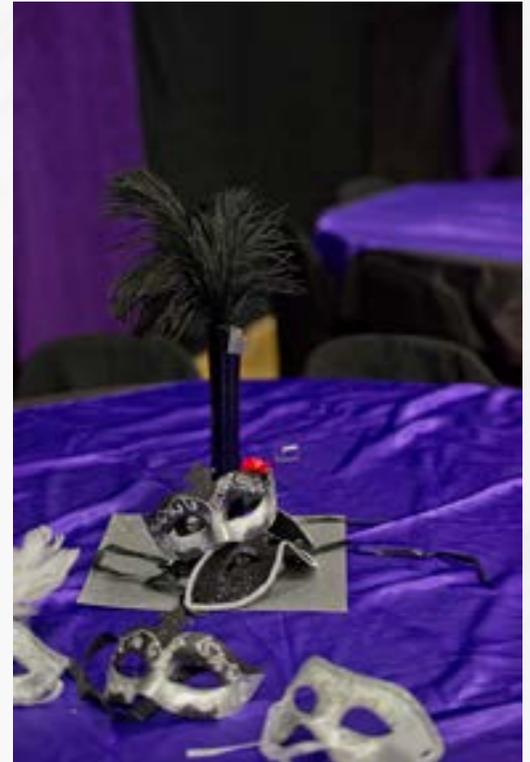
Stories are how we remember we’re not alone. Whether it’s a doctor sharing a fishing story with my husband or a client discovering truth through self-reflection, storytelling becomes the bridge between understanding and compassion.

## Self-Awareness Creates Choice

This work isn’t just about reflection. It’s about conscious choice. When we understand our patterns, triggers, and strengths, we gain the freedom to choose how we show up. Awareness turns reaction into intention, and intention into connection.

## Courage Leads to Wholeness

It takes courage to meet every part of ourselves—the strong and the soft, the confident and the uncertain. But when we do, we step into the wholeness that allows us to lead, love, and live with authenticity. That’s where transformation truly begins.



## About Susan Bloom

### Master Equine Gestaltist | Healthcare Relationship Advocate | Storyteller

Susan Bloom is a lifelong horsewoman, a Master Equine Gestaltist®, and an Equine Assisted PlayShop facilitator who helps people rediscover authenticity, connection, and wholeness through the wisdom of horses.

As a Master Equine Gestaltist, Susan is trained in the Equine Gestalt Coaching Method® (EGCM), a four-year intensive program that blends experiential coaching with the healing presence of horses. In this work, she partners with her herd to help clients uncover unfinished business, release limiting patterns, and find new pathways to healing and growth.



As an Equine Assisted PlayShop facilitator, Susan designs interactive, horse-guided experiences that foster connection, self-awareness, and emotional intelligence for both individuals and groups — from healthcare professionals and corporate teams to caregivers and families. Her programs invite participants to explore communication, leadership, and mindfulness through direct, authentic engagement.

Beyond the arena, Susan brings a rich personal perspective to her work. She is a breast cancer survivor, a reluctant caregiver for both her husband and son, and a western lifestyle photographer and writer. With a B.A. in Communications, she weaves her lifelong passion for storytelling into everything she does.

Today, Susan partners with doctors, caregivers, and professionals to create spaces where healing conversations can begin—places where both people and horses remind us what it means to be truly present, human, and whole.

## Contact

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